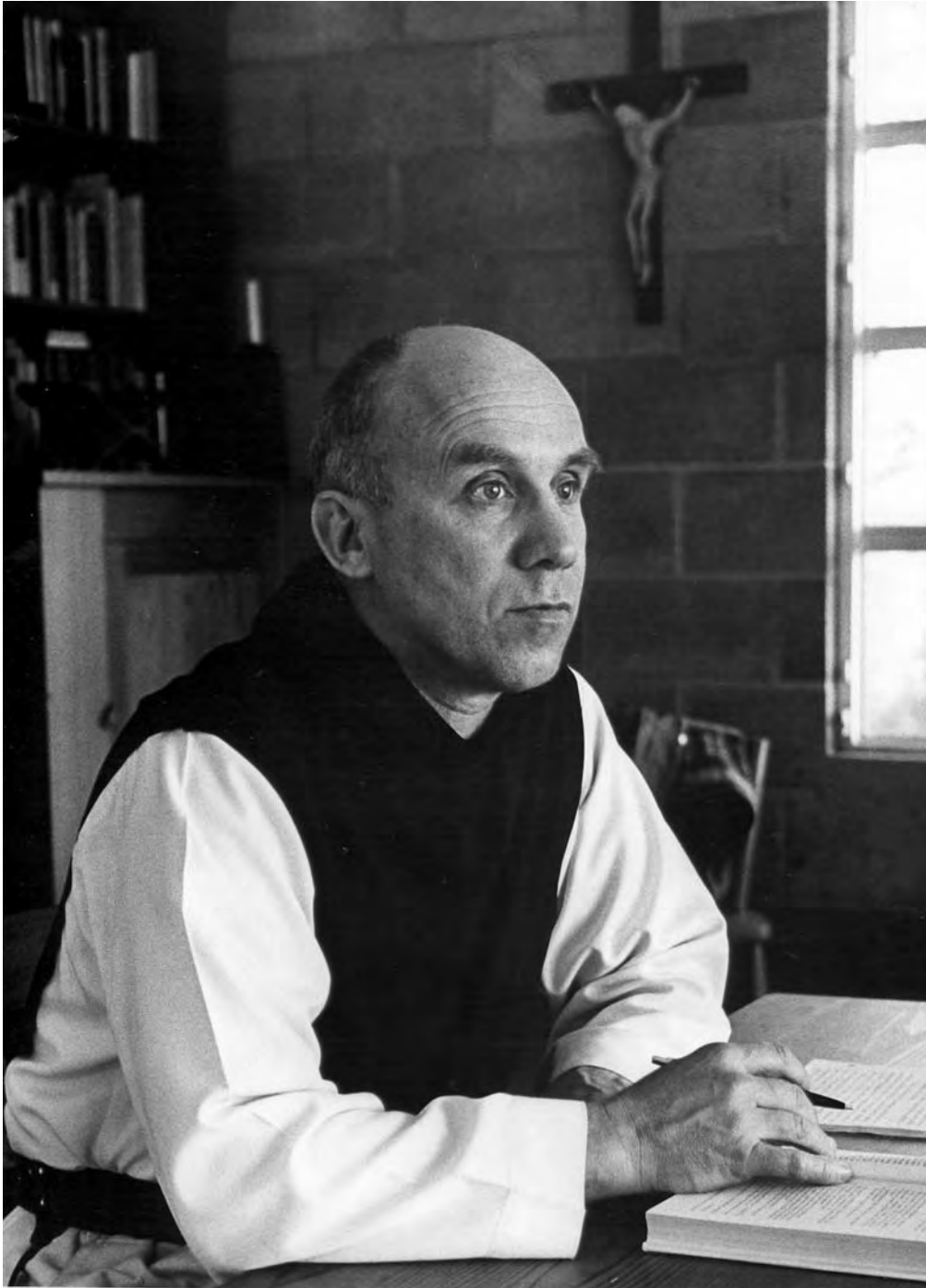


Thomas Merton's "Letters to a White



"Letters to a White Liberal" forms the basis for *Seeds of Destruction*, Merton's book published in 1964.

While many of Thomas Merton's books have helped a broad lay audience understand and engage in practices of Western mysticism and Buddhism, his prophetic and contemplative stance against white racism has yet to be understood—much less practiced—by a critical mass of white people of faith. Perhaps this is partially because he directly (yet compassionately) calls whites to confront our ongoing complicity in over-privilege and the oppression of people of color.

When Merton wrote "Letters to a White Liberal" in the early summer of 1963, in response to the signs of the times and Dr. Martin Luther King's "Letter from Birmingham Jail" of April 16, 1963, he articulated the enduring spirituality of a contemplative in action. "Letters to a White Liberal" forms the basis for *Seeds of Destruction*, Merton's book published in 1964.

By "white liberal," Merton does not mean partisan progressives. Rather, he means any white person, especially Christians, who claim good intentions toward all people, including African Americans.

Seeds begins by noting that the contemplative life is not an abstraction or a flight from the world. Monastic communities are fully implicated in the sinfulness of the world, Merton explains, and must bear witness to baptismal conversion into God's love in the midst of worldly egoism and injustice. When monastic communities remained silent in Europe in the first half of the twentieth century, Merton notices that, too often, they were "publicly giv[ing] support to totalitarian movements."

Contemplatives, lay and monastic, are called to witness God's mercy, truth, and justice in the midst of earthly conflict. If he is to live a vow of poverty, Merton reflects, "it seems illusory if I do not in some way identify myself with the cause of people who are denied their rights and forced, for the most part, to live in abject misery."

Liberal"

By Alex Mikulich, Ph.D.

The success of Civil Rights legislation “is not the end of the battle but only *the beginning of a new and more critical phase in the conflict.*”¹ Changes in the law cannot change minds, hearts, or the source of violence in society. Like Dr. King’s analysis of the triple evils of racism, militarism, and consumerism, Merton sees white racism as intimately intertwined with militarism and the American propensity to put profits before people.

In order to resist violence, the contemplative must identify with people who are in any way oppressed or demonized by society. As long as white people clench the status quo and “persist[s] in clinging to its present condition and to its own image of itself as the only acceptable reality,” then there is no room for real change and “inevitably there will be violence.”

Merton believed that the nation stood at a societal impasse that demanded the transformation of society. *The Seeds of Destruction* are grounded in the desires of white people to maintain power and privilege over and against the fundamental dignity and human rights of the Negro (to use the language of the 1960s).

In other words, if society is going to fully respect African Americans as human beings, not as a projection of the fears or ideals of white people, “then *that society is going to be radically changed.*” Merton sees that racial justice will demand major sacrifices on behalf of white people, including loss of relative economic advantage.

In Merton’s estimation, there are two critical conditions for the possibility of white atonement. A genuine white response to African Americans’ thirst for love and justice, says Merton, must consist of two things:

- A complete reform of the social system which permits and breeds such injustices;
- This reform must be carried out under the inspiration of the Negro whose providential time has arrived, and who has received from God enough light,

ardor, and spiritual strength to free the white man in freeing himself from the white man.

In other words, the condition of the possibility of white people being transformed into the love of God and neighbor is the freedom of African Americans to thrive as human beings.

Good will and charity are insufficient. Merton does not question white sincerity or generosity. Rather, creating social, political, and economic structures that are just is constitutive of being transformed into God’s love for the world. Even work for justice is insufficient without Merton’s second point, a profound turning to African Americans in their experience, wisdom, and truth.

Merton calls whites to practice “Christ’s kingdom of humility” by turning our full attention to people of color in the fullness of their humanity, as they are—not as whites imagine, fear, or project them to be.

Practicing Christ’s humility means that whites must learn from African Americans about the ways that we whites are imprisoned both to a false idealization of ourselves as racially innocent and to a false demonization of African Americans. Merton invites white Americans to see ourselves as African Americans have seen and experienced us through history. When whites see ourselves as African Americans do, then we may see where Jesus stands.

Jesus stands with the demonized of society as a way of calling us to transformation through lived solidarity and as a way of ending demonization. Thus, Merton specifically invites white Americans to listen to the Freedom and Gospel Songs, to read King’s “Letter from Birmingham Jail,” and James Baldwin’s prophetic books, among many others. Turning to African Americans means attending to the experiences and wisdom of our Muslim brothers and sisters, including Malcolm X. This also means listening to contemporary perspectives, such as hip hop, as Laurie Cassidy expresses in our book forthcoming in early 2013.²

The Scandal of White Complicity in the U.S. Hyper-incarceration: A Nonviolent Spirituality of White Resistance will be published in early 2013 by Palgrave Macmillan (New York) with co-authors Margaret Pfeil of the University of Notre Dame, Laurie Cassidy of Marywood University, and Alex Mikulich of Loyola University New Orleans.

The United States incarcerates a greater percentage of its population than any other country in the world, disproportionately African-Americans and Latinos. Mikulich and his co-authors argue that this condition creates a form of “neo-slavery,” and helps cement an enduring dimension of the U.S. matrix of domination. In relation to the mission of Christians, hyper-incarceration requires they commit to a nonviolent spirituality and practice through which they collectively embody active resistance to white privilege. At stake, the book argues, is the very authenticity of Christians’ baptismal calling and a faith that does justice.

Ultimately, Christ’s love invites humility before all others who have given us life and who reveal God’s infinite love for the world. When we enter the Light of love of neighbor, we enter Christ, our shared light and love, and walk the only Way of hope for liberation and salvation.

ENDNOTES

- 1 Italics in quotes reflect Merton’s original emphasis throughout this article.
- 2 Alex Mikulich, Laurie Cassidy, and Margaret Pfeil, *The Scandal of White Complicity in U.S. Hyper-incarceration: A Nonviolent Spirituality of White Resistance* (Palgrave MacMillan, 2013).